

**DO NOT LET SUBSTANCE ABUSE GET IN THE WAY OF YOUR RECOVERY  
(HARM REDUCTION)**

**DATE & TIME:** February 25, 2010  
9:00 AM - 12:00 PM

Registration begins 30 minutes prior to training time. All participants must arrive during registration period.

**PLACE:** GAIN Program  
2615 S. Grand Ave., 4<sup>th</sup> Floor Conference Room  
Los Angeles, CA 90007

**PARKING:** Free parking in GAIN parking lot. Your name will be given to the parking lot attendant once registered.

The purpose of this training is to teach participants the principles of harm reduction and how to work within this model. Participants will learn why people drink and use drugs and how harm reduction differs from traditional models. The trainer will discuss recovery principles and how these principles connect to harm reduction. Participants will learn about motivational interviewing and assisting consumers in meeting their basic and practical needs while utilizing harm reduction.

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Name three principles of harm reduction
2. Discuss how harm reduction differs from traditional models
3. Identify the stages of motivational interviewing

**CONDUCTED BY:** John Fouts, Private Consultant

**COORDINATED BY:** Janice Friend, Training Coordinator  
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**DEADLINE:** WHEN ENROLLMENT REACHES CLASS CAPACITY

**CEU:** None